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UNIVERSITÀ DEGLI STUDI DI ROMA



Cyber4Health Observatory

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A medical device

is a product used for diagnosis, prevention, monitoring, treatment or alleviation of disease or injury in humans.

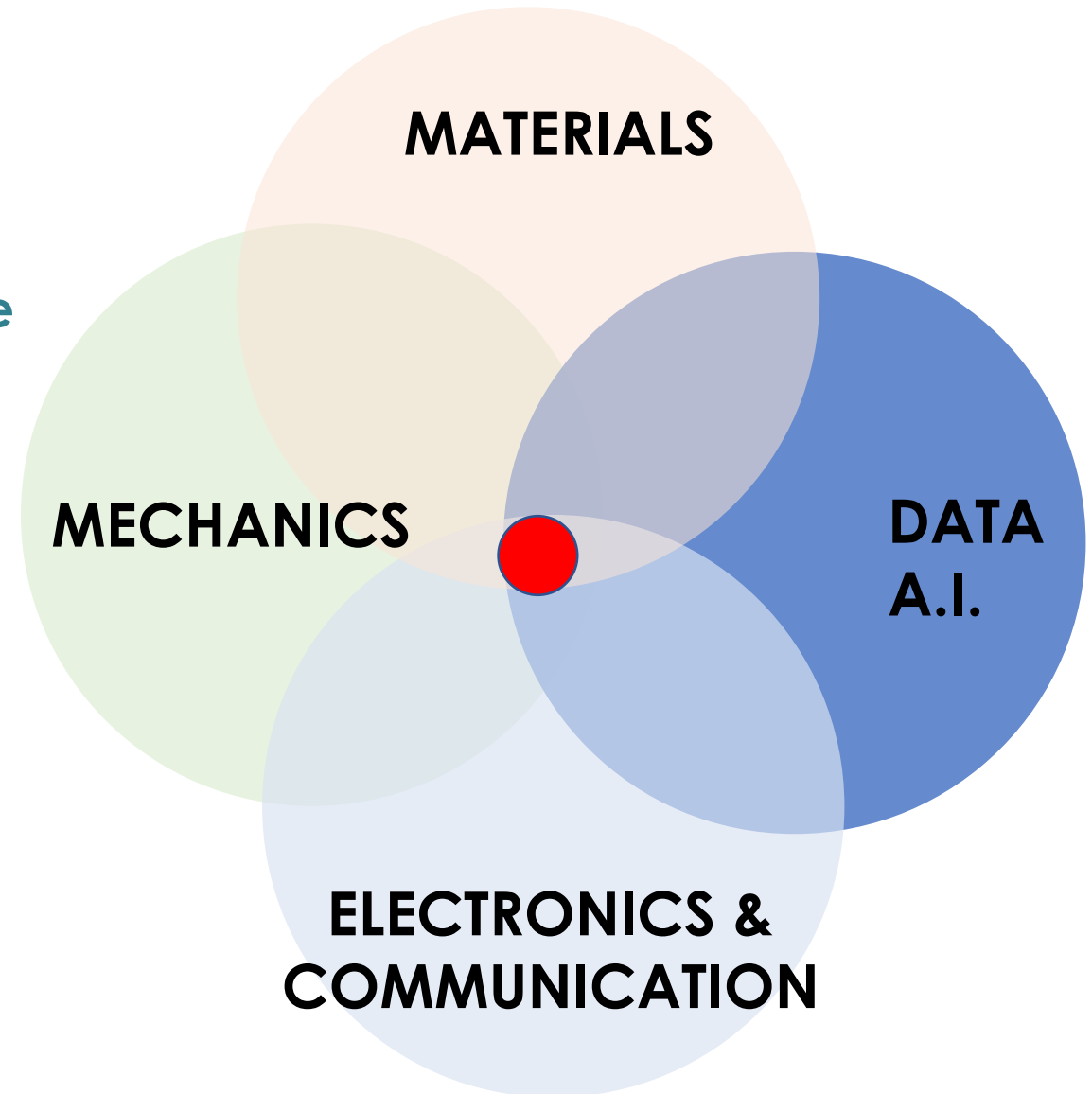
Can be :

- a physical object
- a software or
- a combination of both.

MD originally played a physical action, but they are now becoming generator and repository of very sensitive data.

(https://ec.europa.eu/growth/sectors/medical-devices_it)

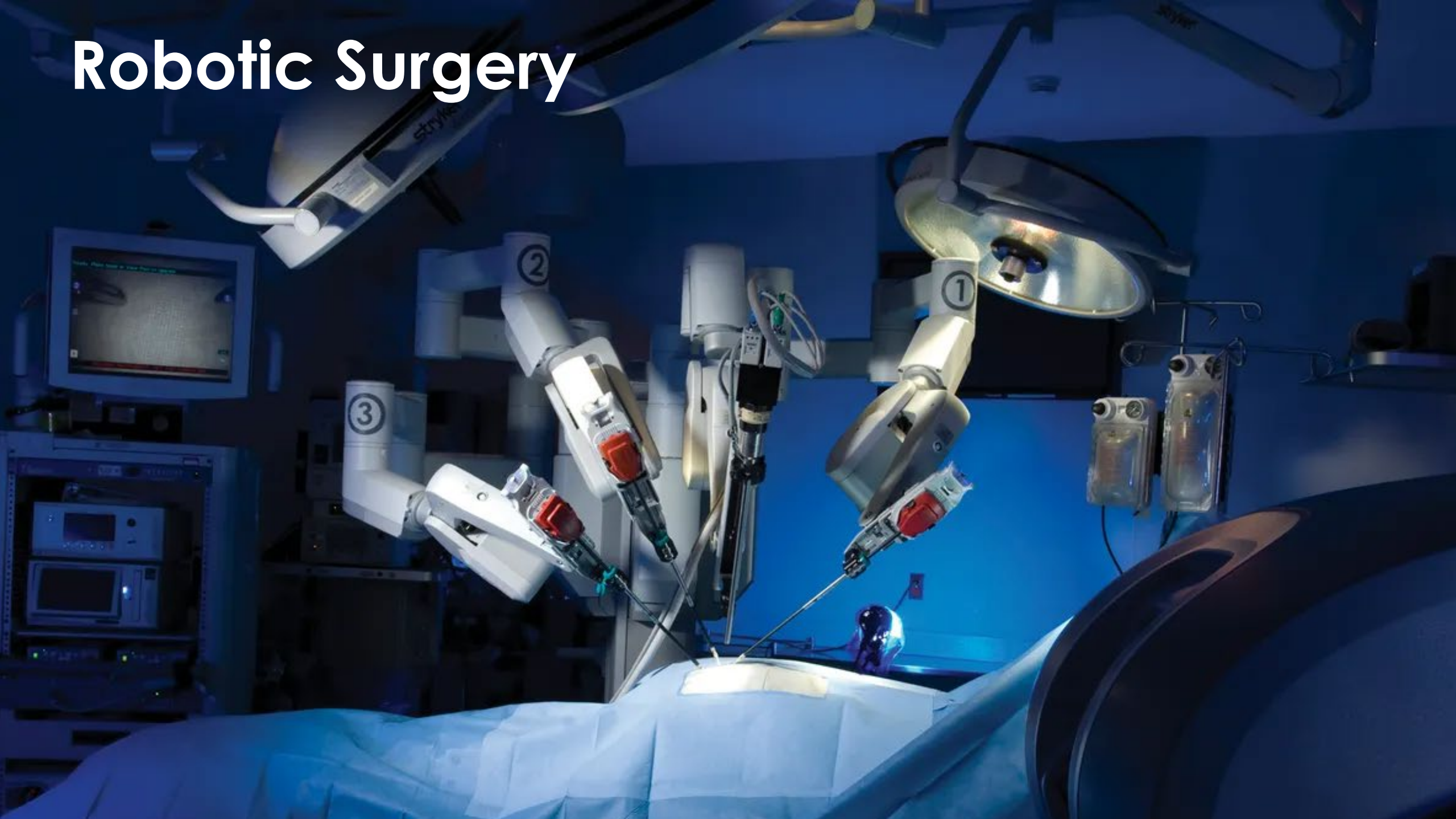
MEDICAL DEVICE



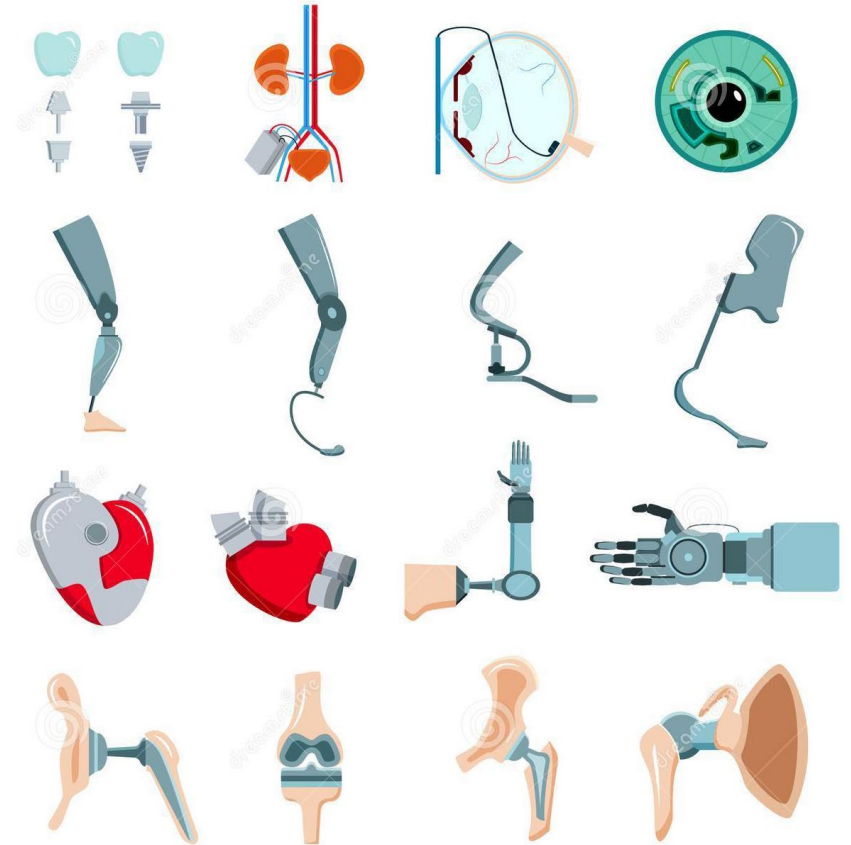
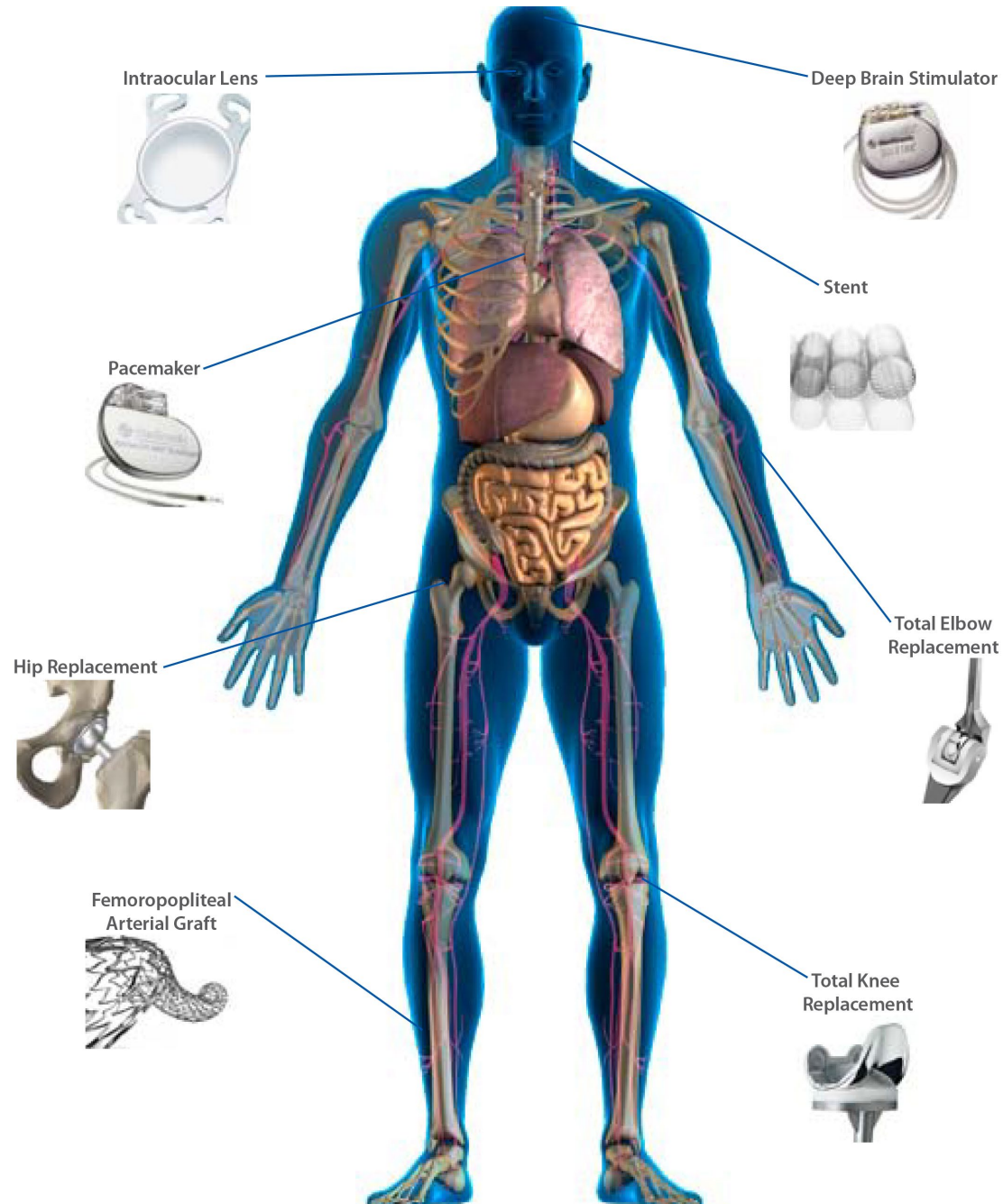
Advanced Diagnostics



Robotic Surgery

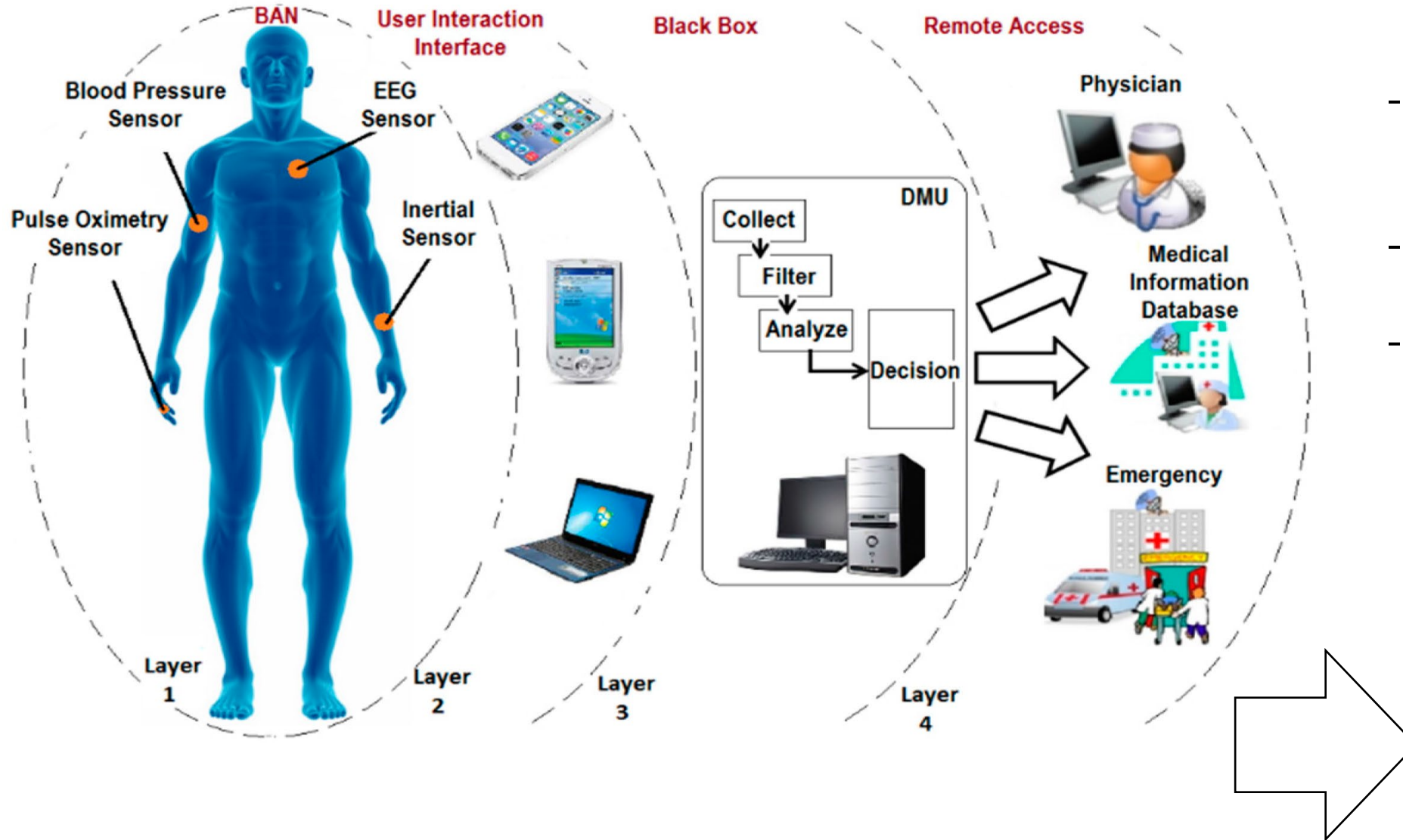


Medical Implants (Endo-prosthesis)





Wireless/Wired Connectivity



- Configuration & SW upgrade
- Data retrieval
- Actuation

**Potential
Non-authorized
Interactions**



Cyber and Physical security

Cyber Security

*Protection from attacks to devices/devices made by means of **Software Systems/procedures***

Physical Security

*Protection from attacks to devices made by means of **Hardware Systems/procedure***



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2011

At the McAfee FOCUS 11 conference in October **2011** in Las Vegas, Jack first demonstrated the **wireless hacking of insulin pumps**



Billy Rios and Jonathan Butts (Rapid7) demonstrated they've found vulnerabilities that **compromised the pacemaker's programmer**



2018

Scenario

At a Black Hat conference Barnaby Jack gave a presentation on **"jackpotting"** or causing automated teller machines to dispense cash without withdrawing it from a bank account using a bank card



2010



2012

Jack asserted that he could assassinate a victim by **hacking their pacemaker**



Electromagnetic Attacks

Hi, I'm your physician

Eavesdropping



Eavesdropper



I am Bob, I am 30 years old, blood type B...

Impersonification

The heartrate is 60 bpm, do you want to change it?

Hi, I'm your NEW physician!



Fault induction attack



Resource Depletion

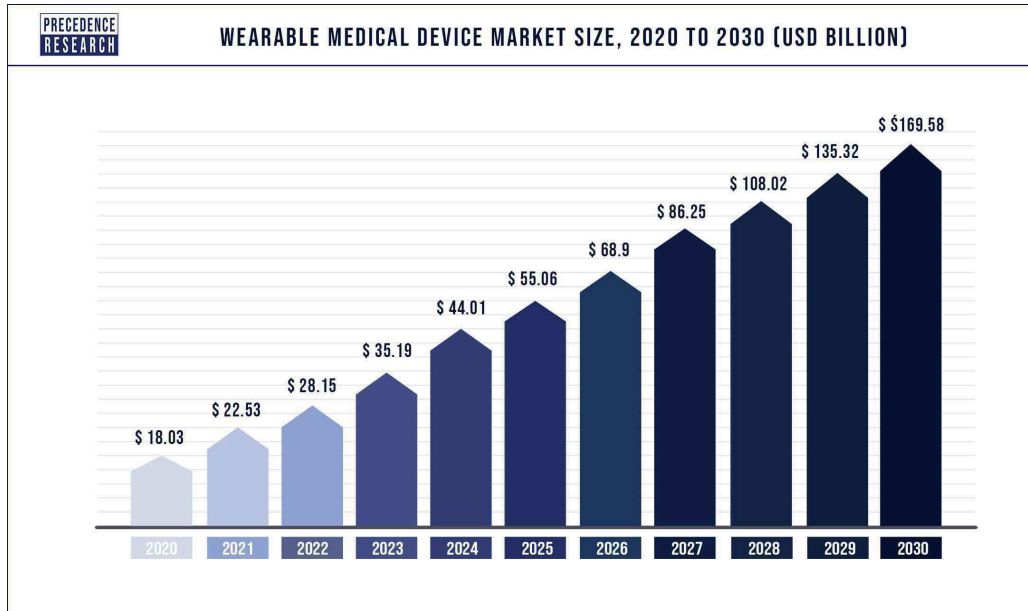


Are you sleeping?

No!



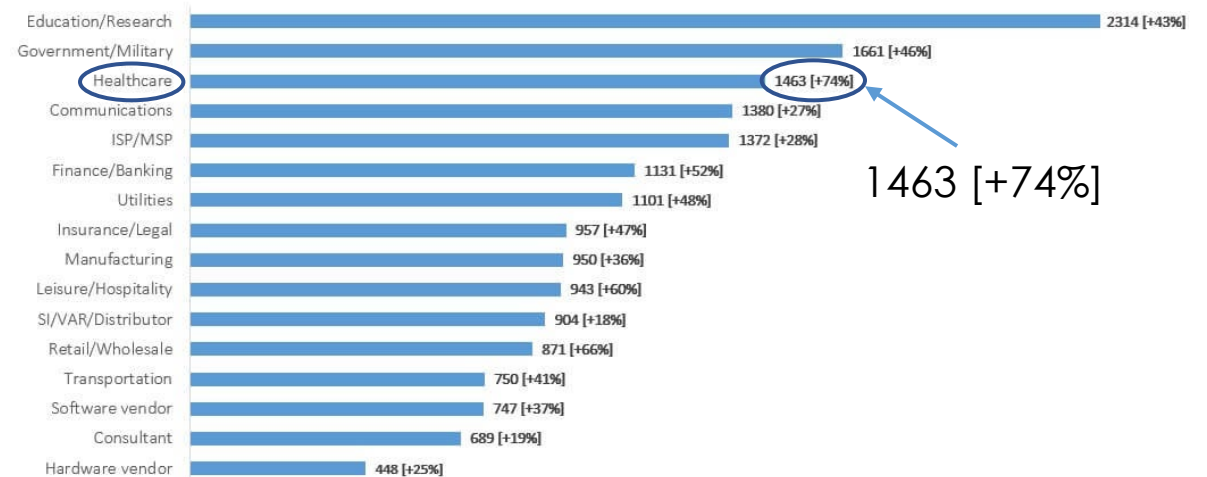
The urgency of an Open Observatory on Cyber-physical Vulnerability of M.D.



The global wearable medical devices market size was estimated at **USD 28.15 billion in 2022** and is expected to hit **over USD 169.58 billion by 2030**.

The healthcare industry is among the **preferred target of cyber attackers** because of the **high commercial value of EHRs** (electronic health records).

Avg. Weekly Cyber Attacks per Organization by Sector in 2022 showing all sectors suffer double-digit increase compared to 2021





Information Gathering and Sharing:

Implement a platform capable of enabling structured information sharing specifically for cyber threats in the medical sector.

Services Providing: Provide a reference for those involved in technology development, certification, maintenance, and marketing of medical devices (MDs) regarding current cyber threats.

Awareness Raising: Make this information usable and easily understandable by patients and caregivers.





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GOVERNMENT ORGANIZATION

Involved in disseminating such information, especially American ones (H-ISAC, FDA, CISA...).



SCIENTIFIC PAPERS

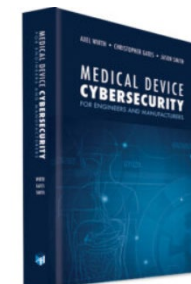
Papers and books that technically describe the vulnerabilities (especially physical) of a medical device and/or assess its security through *penetration testing*.

The untold story of a cyber attack, a hospital, and a dying woman



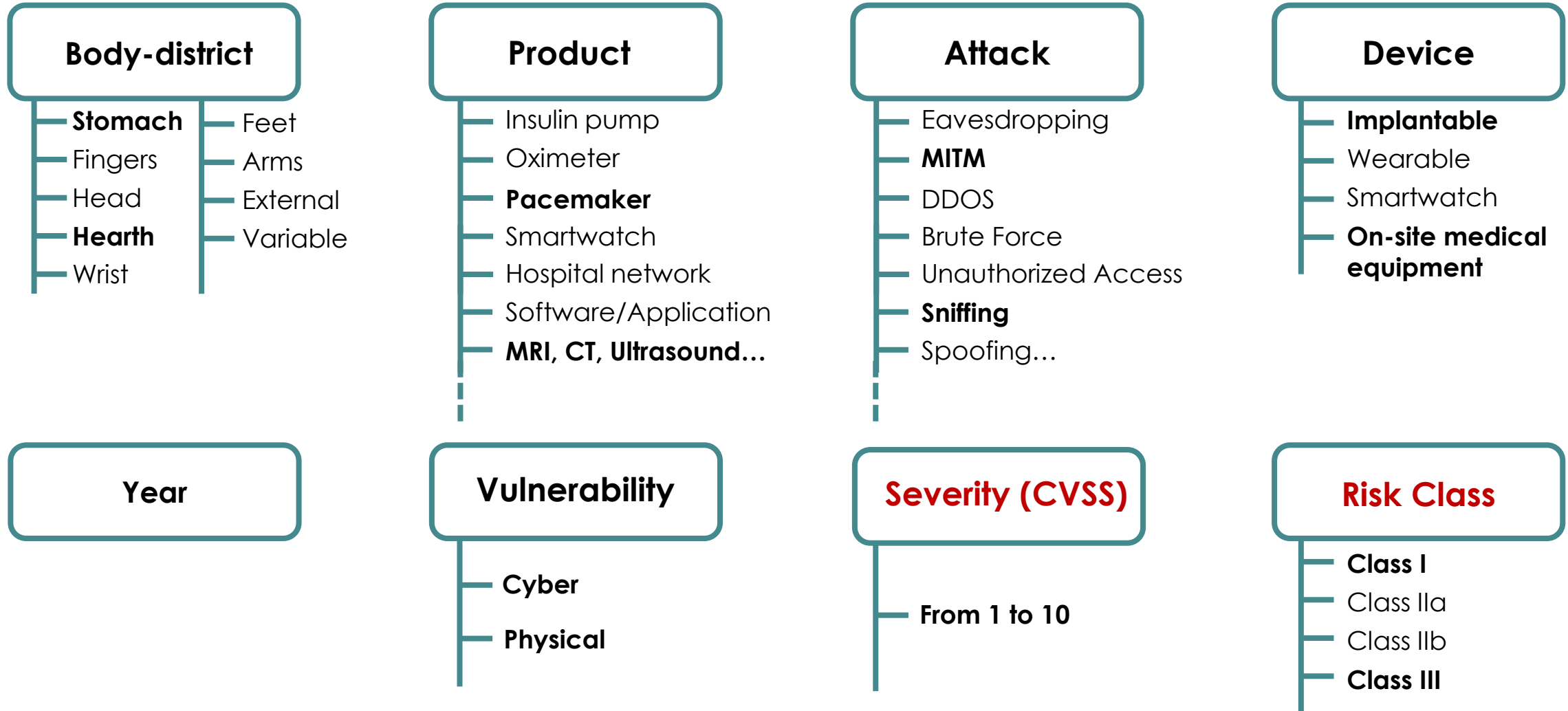
NEWSPAPER ARTICLES

News about cyber incidents to medical devices or healthcare infrastructures.





Classification

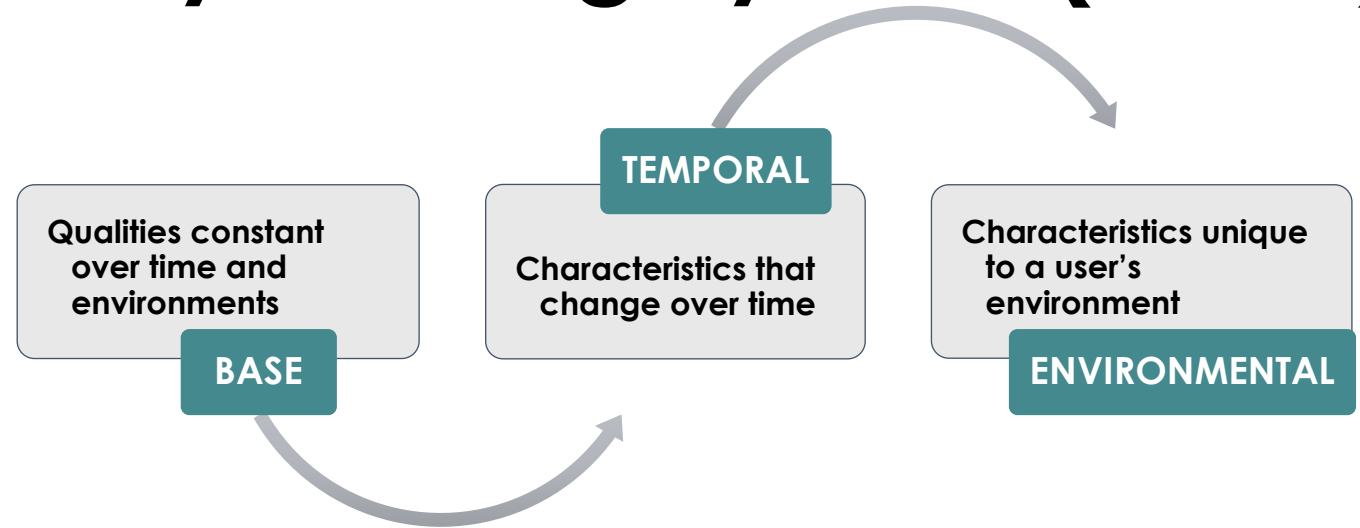




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Common Vulnerability Scoring System (CVSS)

The Common Vulnerability Scoring System (CVSS) is a method used to supply a **qualitative measure of severity**. CVSS is not a measure of risk and consists of three metric groups.



NIST
National Institute of Standards and Technology

CVSS is owned by **FIRST.Org**, but **NIST** provides a **National Vulnerability Database (NVD)** with qualitative severity ratings of score ranges. The NVD does not currently provide temporal or environmental scores.

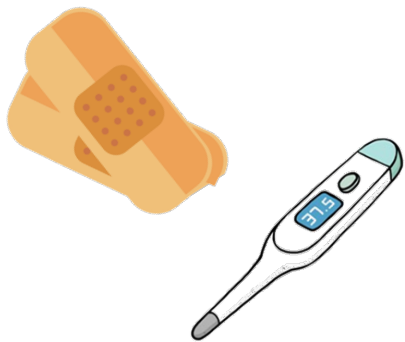
SEVERITY	None	Low	Medium	High	Critical
CVSSv3.0 SCORE	0.0	0.1 - 3.9	4.0 - 6.9	7.0 - 8.9	9.0 - 10.0



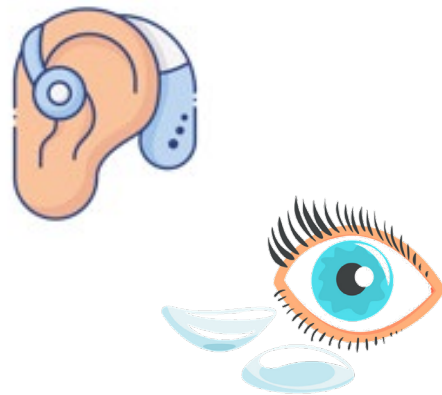
Risk class

According to the **EU Regulation 2017/745** of the European Parliament and of the Council of 5 April 2017, effective on 26 May 2021, medical devices are classified in four classes based on the level of **safety risk** they pose to patients and users.

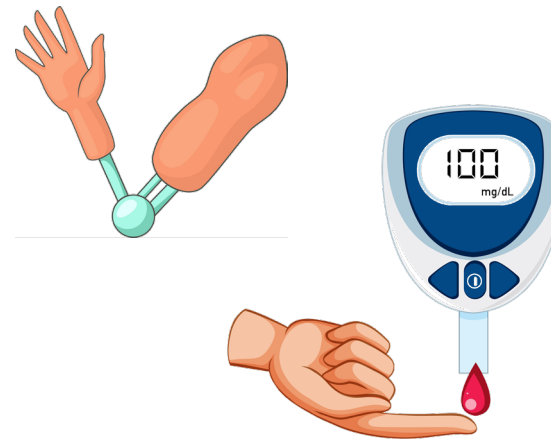
CLASS I Low risk



CLASS IIa Medium risk



CLASS IIb High risk



CLASS III Highest risk





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Safety and Security




CVSS

RISK CLASS




When a medical device suffers from a security breach,
a security issue becomes a safety issue.



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Information Center to encourage medical devices' Security by Design

READ MORE



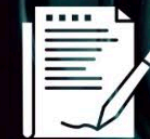
LEARNING



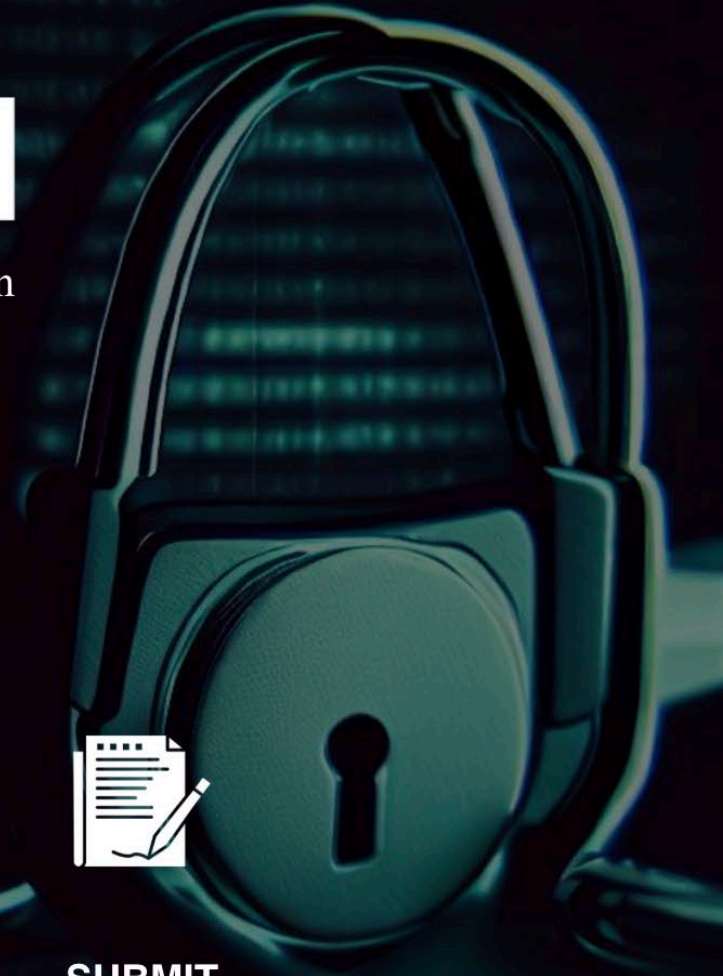
QUERY



STATISTICS



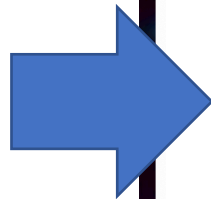
SUBMIT





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itself.

Search...

Implantable Select Year Select Vulnerability Type Select Body District

Select Exploitable Attack Select Vendor SEARCH

- Insulin Pump
- Medtronic InSync & Adapta
- Boston Scientific Cognis 100-D
- Brain-Computer Interface (BCI)
- Pacemaker
- Accelerometer
- Insulin delivery alarm system
- Implantable Defibrillator (ICD)
- Neurostimulator/IPG (Implantable Pulse Generator)
- Wireless Syringe Infusion Pump
- Gastric Electrical Stimulator
- St. Jude Cardiac Device
- Abbott Pacemakers
- Abbott Laboratories Defibrillator
- Medtronic MiniMed 508 and Paradigm Series Insulin Pumps
- Insulet Omnipod

HOME MISSION ABOUT US OBSERVATORY DATABASE REPORT NEW VULNERABIL English

Vulnerability Description

Device Name

Abbott Pacemakers

Vendor

Abbot

Product Name

Accent/Anthem, Accent MRI, Assurity/Allure, and Assurity MRI.

Product Type

pacemaker

Body-District Application

Heart

Taxonomy of the attack

Unauthorized Access, Information Disclosure, Tampering, Resource Depletion

CVSS

7

Vulnerabilities

Improper authentication mechanism, missing encryption, improper restriction of power consumption

Type of the attack

Cyber

Type of Device

Implantable

Year

2017

Description

Successful exploitation of these vulnerabilities may allow a nearby attacker to gain unauthorized access to a pacemaker and issue commands, change settings, or otherwise interfere with the intended function of the pacemaker. The pacemaker's authentication algorithm, which involves an authentication key and time stamp, can be compromised or bypassed, which may allow a nearby attacker to issue unauthorized commands to the pacemaker via RF communications. The pacemakers do not restrict or limit the number of correctly formatted "RF wake-up" commands that can be received, which may allow a nearby attacker to repeatedly send commands to reduce pacemaker battery life. The Accent and Anthem pacemakers transmit unencrypted patient information via RF communications to programmers and home monitoring units. The Assurity and Allure pacemakers do not contain this vulnerability. Additionally, the Accent and Anthem pacemakers store the optional patient information without encryption; however, the Assurity and Allure pacemakers encrypt stored patient information. These vulnerabilities could be exploited via an adjacent network. Exploitability is dependent on an attacker being sufficiently close to the target pacemaker as to allow RF communications.

Countermeasures

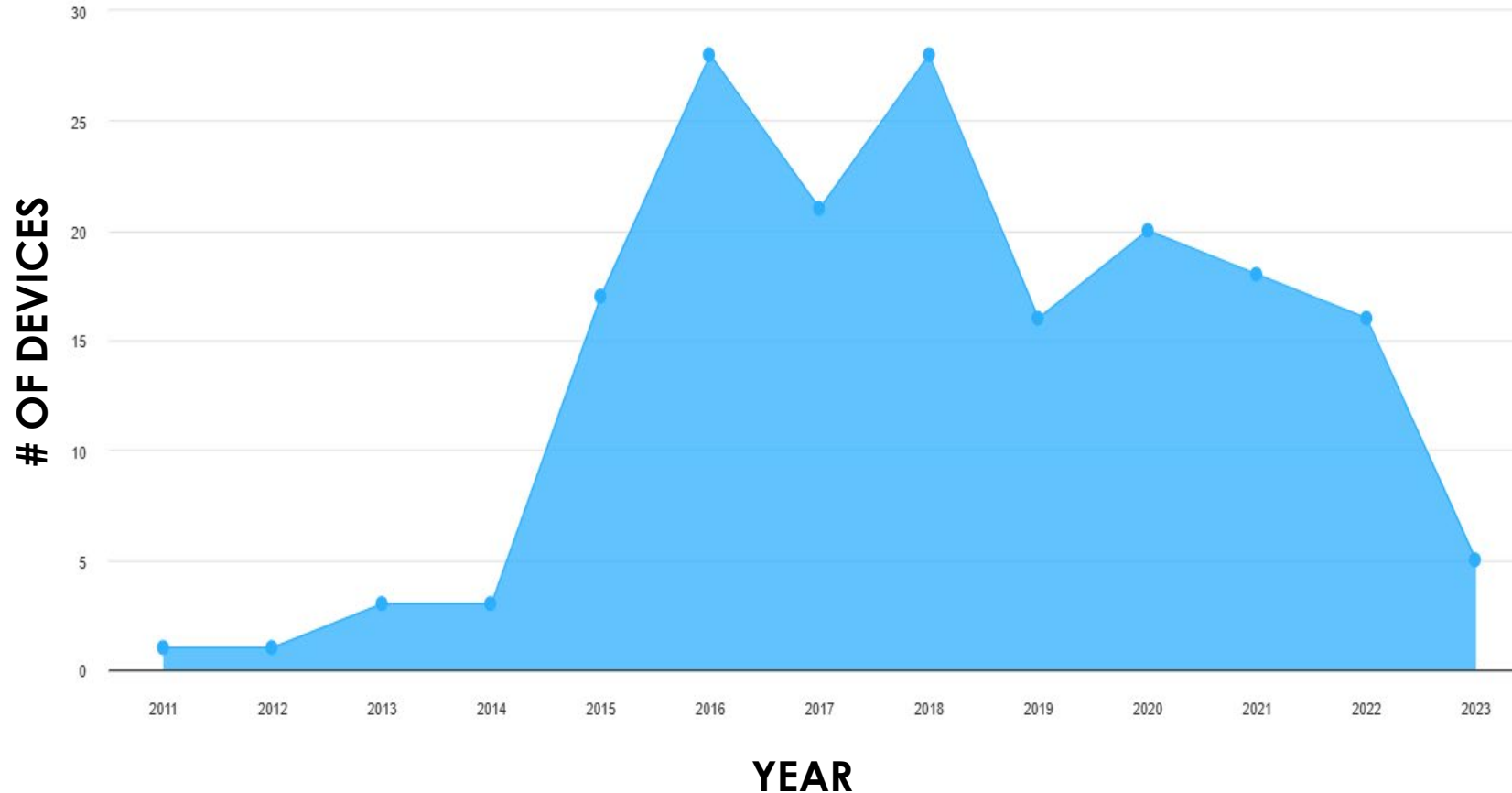
Abbott has developed a firmware update to help mitigate the identified vulnerabilities. The pacemaker firmware update will implement "RF wake-up" protections and limit the commands that can be issued to pacemakers via RF communications. Additionally the updated pacemaker firmware will prevent unencrypted transmission of patient information (Accent and Anthem only). The firmware update can be applied to an implanted pacemaker via the Merlin PCS Programmer by a healthcare provider. It is recommended that healthcare providers discuss this update with their patients and carefully consider the potential risk of a cybersecurity attack along with the risk of performing a firmware update. Implementation of the firmware update is to be determined based on the physician's professional judgment and patient management considerations. Pacemakers manufactured beginning August 28, 2017, will have this update preloaded on devices. Abbott states that firmware updates should be approached with caution. Like any software update, firmware updates can cause devices to malfunction. Potential risks include loss of device settings, the device going into back-up mode, reloading of the previous firmware due to a failed upgrade, loss of diagnostic data, and a complete loss of device functionality. The Abbott Cybersecurity Medical Advisory Board has reviewed this firmware update and the associated risk of performing the update in the context of potential cybersecurity risk.

References

<https://www.cisa.gov/uscert/ics/advisories/ICSMA-17-241-01>



Attack/Vulnerability per Year

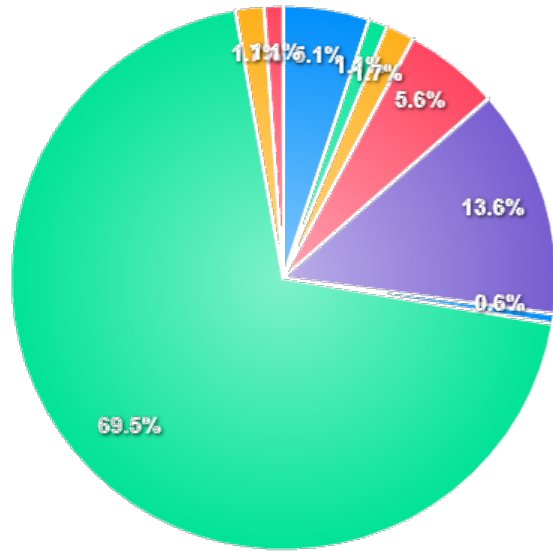


A peak between **2016** and **2018**.

Drop during the **COVID-19 pandemic**, probably due to increase in resources enhancing network security (telemedicine, remote lessons...)



Vulnerability vs Body-District and device type

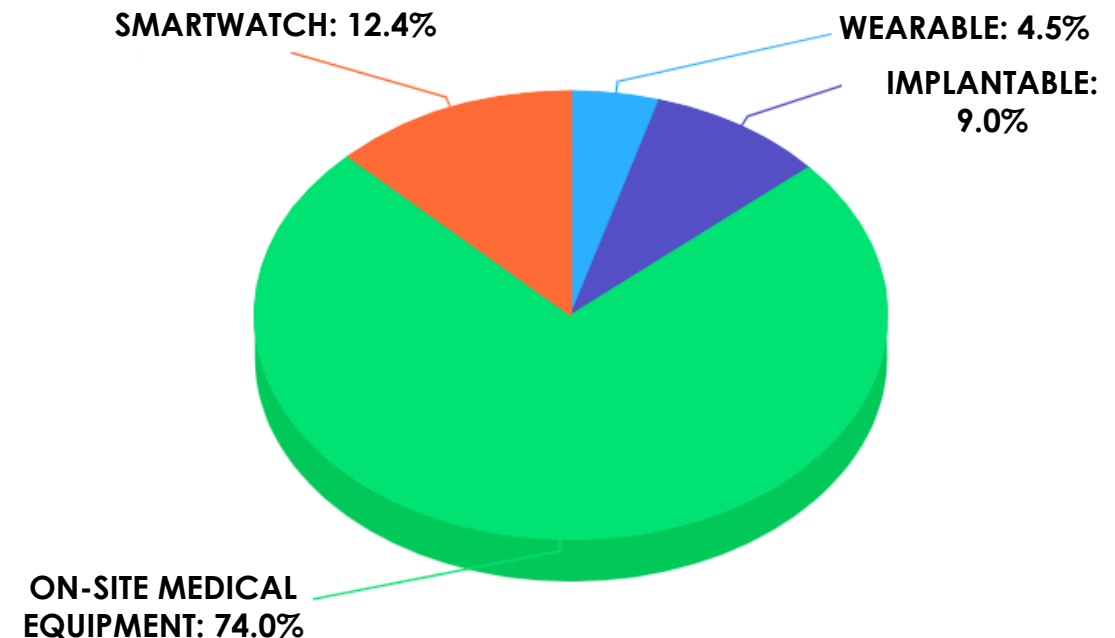


● Stomach ● Fingers ● Head ● Heart ● Wrist ● Feet ● External ● Arm
● Variable

Most of vulnerabilities are related to external devices (on-site medical equipment).

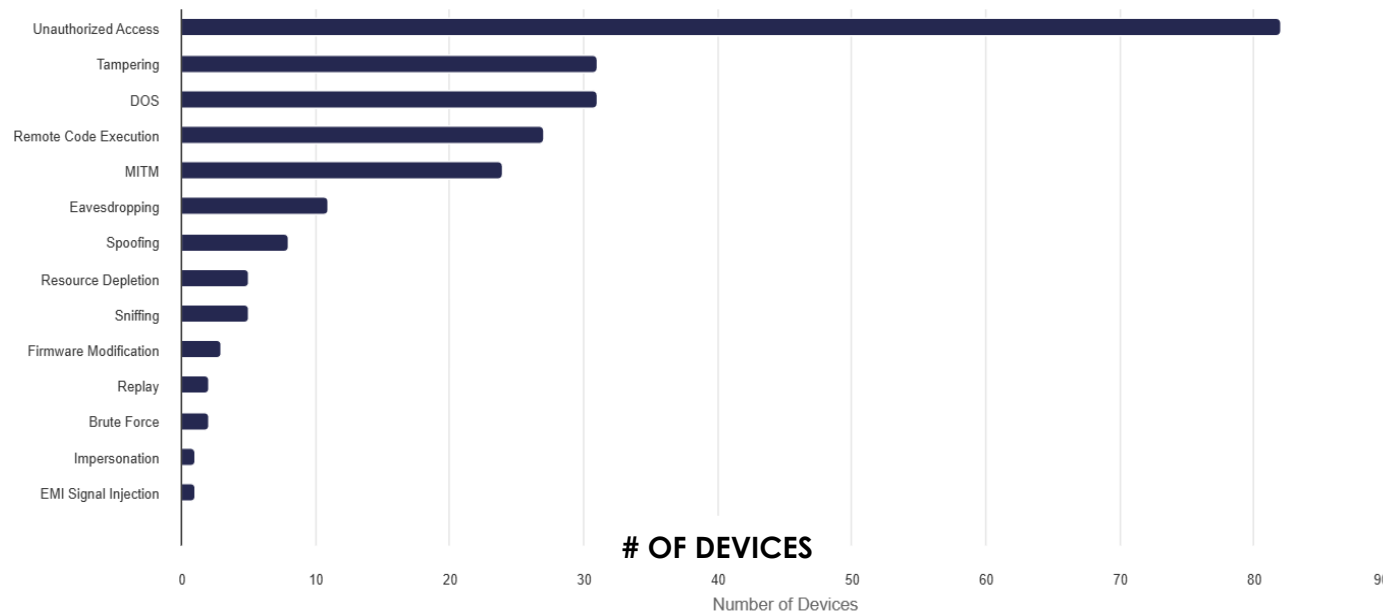
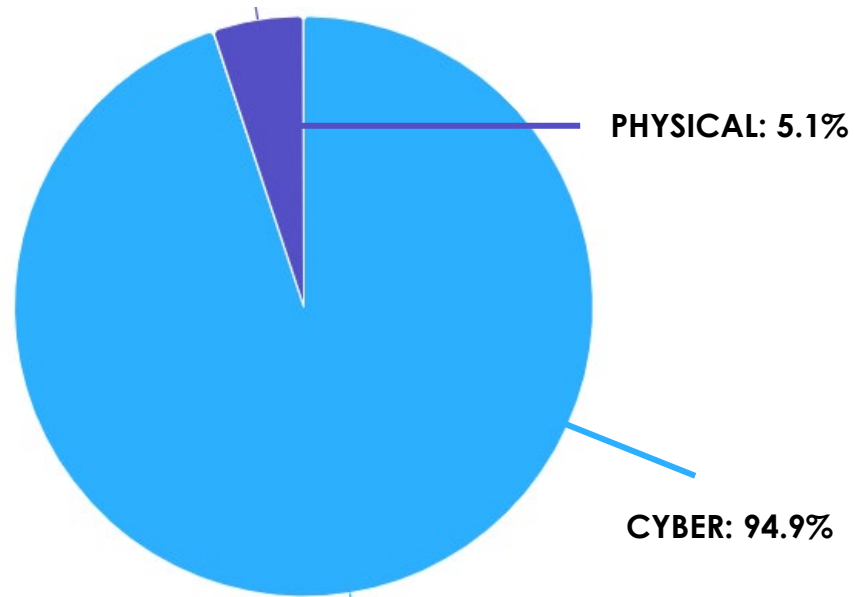
an attacker is always interested in **monetary profit**. Therefore, attacking an on-site device is much more valuable than attacking the individual patient since it would allow much more sensitive data to be obtained.

The most vulnerable **types** of devices are **on-site medical equipment** followed by smartwatches because they are easier to attack than wearable and implanted devices and contain a lot of **sensitive data**.





Type of attacks



Vulnerabilities are almost all **cyber**. This is because they can be **remotely exploited**,

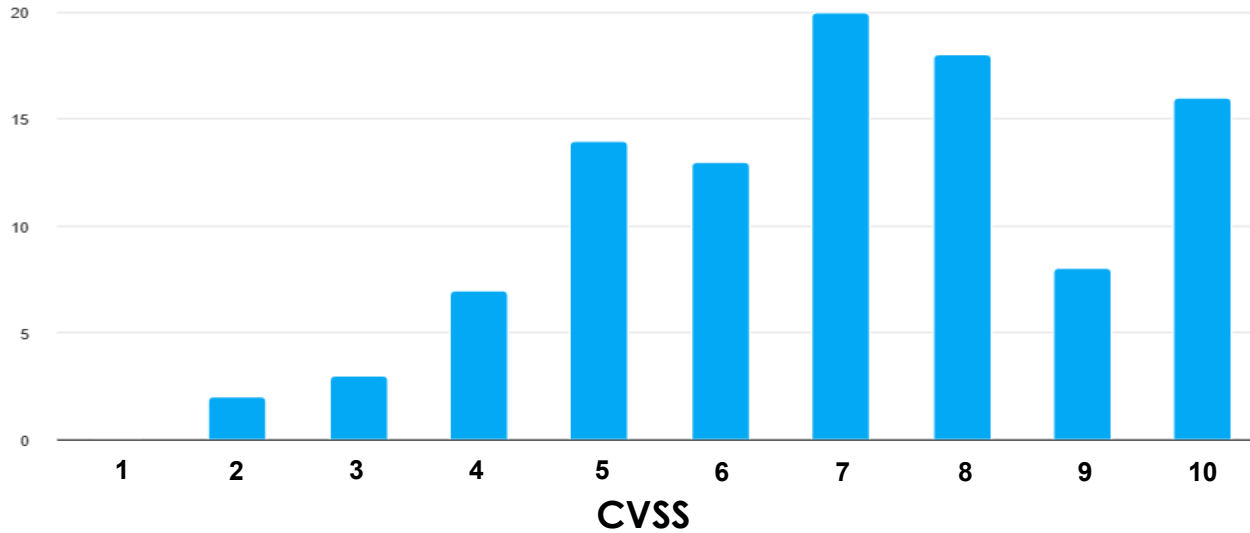
Physical vulnerabilities are generally difficult to exploit, and at the same time **almost impossible to detect**.

The most common type of attack is **unauthorized access**, which can be physical access in certain areas of hospitals or to PCs containing sensitive data, or by hacker attacks (**phishing**).

Among the first 4 there is the **remote code execution** which is the most dangerous because it gives you total access to the device.



OF DEVICES



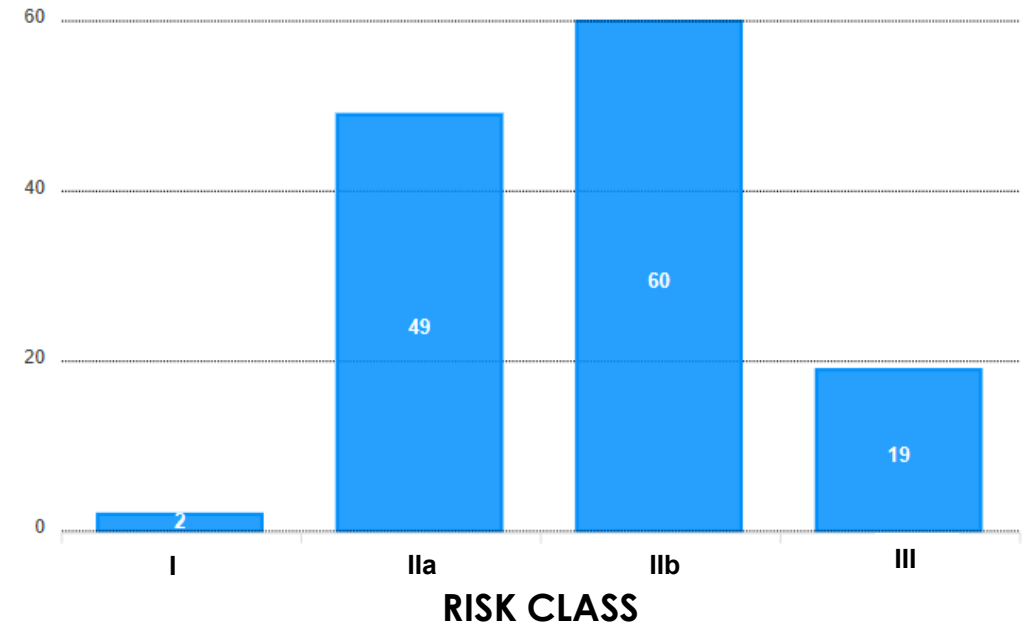
Devices are almost all **class IIa and IIb**, but there are also many **class III**.

If there is a vulnerability, it is a serious one and it is also very dangerous to the patient's health.

Security and Safety

Most vulnerabilities have a **CVSS between 7 and 10**. This means that they can be exploited by a **low-skilled** attacker with low-cost instrumentation.

OF DEVICES





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Medical device of the near future:

- ❖ Bio-integrated
- ❖ Pervasive
- ❖ Physical /Digital
- ❖ Wireless Interconnected

Take-home message

Needs:

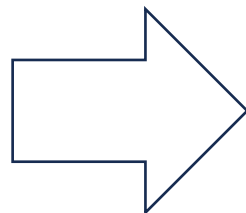
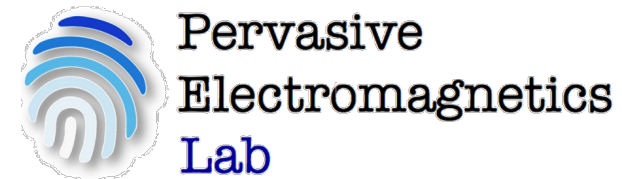
- ❖ **Understand** source of Vulnerabilities
- ❖ **Correlate** their impacts with the Safety and the Privacy of the User/Patient



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Thanks for attending !

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